

URBAN GRIND

ESPRESSO • EATERY • BAR

Tue-Sat 7:30am-late / Sun-Mon 7:30am-3:00pm

Breakfast (7:30am - 12pm)

French Benny (VO/NGO)	23
poached eggs/hollandaise/croissant/ cucumber salad -add bacon \$5 -add mushroom \$5.5	
Smashed Avo (VG/NGO)	23
avocado/salsa/roast tomato/sourdough -add an egg \$4 -add feta \$5	
Big Brekkie (NGO/ND)	29.5
two poached eggs/portobello/ roast tomato/bacon/urban sausage/ hash browns/baked beans/toast	
Japanese Pancake (ND/VO)	29.5
fried cabbage/pork/coriander/spring onion/pickled ginger/fried egg	
Bacon & Egg Butty (ND/VO/NGO)	18
bacon/egg/aioli/tomato relish/ turkish bun	
Granola (VG)	19.5
house toasted granola/salted orange gel/coconut yoghurt/berries	
Urban Pancakes (V)	23
sweet pancakes/poached banana/nutella cream	
Fries	10
-add truffle oil \$2	
Extras	
-sourdough \$6 -poached egg \$4	
-bacon \$6 -tomato \$5	
-hash brown \$2 -mushrooms \$5.5	

Pizza (all day.)

Margherita	27
mozzarella/vine tomato/sun-dried tomato/pesto/parmesan	
Hawaiian	28
mozzarella/champagne ham/pineapple	
Salami	29
mozzarella/sopressa salami/jalapeno/olive	
Vegetarian	27
mozzarella/portobello/kumara/walnuts/ confit garlic/truffle oil	
Chorizo & Feta	29
mozzarella/chorizo/capsicum/feta	
Cheese & Garlic	22
mozzarella/garlic butter/confit garlic	

Add Ons

extra toppings \$4.5
gluten-free base \$4
vegan cheese \$4

Lunch (12pm-late)

**Sun/Mon 12:00pm-2:30pm*

Open Steak Sandwich (NGO)	29
eye fillet/sourdough/caramelised onion/parmesan/tomato relish/fries	
Japanese Pancake (ND/VO)	29.5
cabbage/pork/coriander/spring onion/pickled ginger/fried egg (V)-swap pork for mushroom	
Market Fish Kokoda (NG/ND)	23
cured market fish/rice cracker/coconut & lime/coriander oil -ask server for today's fish	
Green Goddess Salad (V/VGO/NGO)	25
mesclun/roast beetroot/feta/croutons/green goddess dressing -add an egg \$4	
Pulled Lamb Burger	26
turkish bun/pulled royalburn lamb/mint chimichurri/roast kumara/beetroot -add fries \$5 (V)-swap lamb for portabello	
U.F.C. (Urban Fried Chicken)	20
maple & miso glazed chicken/ panko crumbs/parsley aioli	

Buffalo Cauliflower (NG/V)	18.5
battered cauliflower/buffalo sauce/ green goddess sauce/kimchi	

Fries	10
-add truffle oil \$2	

Kids

Kids Mac & Cheese	12
Ham & Cheese Toastie & Fries	12
Chicken Nuggets & Fries	12
Chocolate Ice-Cream Sundae	12

PLEASE ORDER AT THE COUNTER

📍 urbangrindeatery
www.urbangrind.co.nz